

Dementia Research



A research project at the University of Southampton is exploring why people with dementia do physical activity; what do they value about physical activity and what benefits physical activity brings them. This will inform professionals on what should they aim for when promoting physical activity programmes for people with dementia.

We are interviewing relatives and friends of people living with dementia to learn more about their views on physical activity.

If you wish to be interviewed or would like more information, please contact Ana-Carolina Gonçalves by:

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